



We're your cup of tea.

**Ayurvedic and Iced Tea
Catalogue**

AYURVEDIC TEA

Ayurvedic Anti-Stress Tea



A colorful and aromatic drink. Excellent for relieving muscular pain or pain and discomfort associated with excess stomach acid or ulcers.

Ingredients: Cinnamon, Licorice Root, Ginger Root, Fennel, Lemon Peel, Cardamom (Green, Black, and Grains), Lemongrass, and Black Tea.

Caffeine: 40 mg / 6 oz cup (medium caffeine level)

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to anti stress tea](#)

Ayurvedic Evening Hour Tea



A delightful blend of herbs, plants, fruits, and spices, a perfect after dinner tea.

Ingredients: Ginger Pieces, Cinnamon Bark, Apple Pieces, Lemon Peel, Chamomile Cardamom (Green and Black), Almond, Mint, Coconut, Tejpata, Cloves, Cumin Seeds, Fennel, Nutmeg, Gol mirch (pepper), Coriander and Green Tea.

Caffeine: 20 mg / 6 oz cup.

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

NOTE: people with hay fever or ragweed allergies should not consume teas containing chamomile.

[link to evening hour tea](#)

Ayurvedic Fresh Tea



An excellent blend of herbs, plants, fruits, and spices for relieving muscular or stomach pain, and useful as an expectorant.

Ingredients: Lemongrass, Cloves, Peppermint, Cardamom, Ginger, Licorice Root, Cinnamon, Rose petals, Fennel, Pepper, Curcuma, and Black Tea.

Caffeine: 40 mg / 6 oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to fresh tea](#)

Ayurvedic Balance Tea



This delicious and aromatic tea soothes and balances the body. Drink it to strengthen digestion.

Ingredients: Cardamom (Green, Black and Grains), Licorice, Coriander, Fennel, Ginger root, Rose petals and Black Tea.

Caffeine: 40 mg / 6 oz cup.

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to balance tea](#)

AYURVEDIC TEA

Ayurvedic Fasting Tea



An herbal blend with intense spicy/flowery aroma and taste. An excellent choice for relieving headache and gastric upsets.

Ingredients: Green Mate, Lemongrass, Rose petals, Ginger root, Roman Chamomile, Cardamom (Green, Black), Black Pepper, Holly Basil (Tulsi) and mixed Green and Black Teas.

Caffeine: 40 mg / 6 oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

NOTE: people with hay fever or ragweed allergies should not consume teas containing chamomile.

[link to fasting tea](#)

Ayurvedic Healthy Day Tea



This Ayurvedic blend of herbs, plants, fruits, and spices is known to be an excellent remedy for respiratory and stomach disorders, coughs, colds, aches, and pains

Ingredients: Red Bush-Rooibos, Coconut Pieces, Ginger Pieces, Cinnamon Bark, Apple Pieces, Cardamom, Almond Pieces and Black Tea.

Caffeine: 40 mg / 6 oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to healthy day tea](#)

Ayurvedic Ginger Fresh Tea



A refreshingly fruity/spicy tea. Useful in the treatment of digestive upsets. Also used as a remedy for coughs, colds, menstrual disorders, and general aches and pains.

Ingredients: Lemongrass, Licorice, Ginger, Peppermint, Lemon peel, Black Pepper and Green Tea.

Caffeine: 40 mg / 6 oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to ginger fresh tea](#)

Ayurvedic Men's Activity Tea



A spicy, tangy herbal tea specially formulated for [men](#). This pungent tea makes weariness disappear and strengthens the stomach. Great for treating insomnia and anxiety.

Ingredients: Cinnamon, Fennel, Peppermint, Cardamom (Green, Black, and Grains), Licorice, Black Pepper, Coves, Cumin Seeds, Apple, Coconut, Nutmeg, Rose Petals, and Black Tea.

Caffeine: 40 mg / 6 oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to men's activity tea](#)

AYURVEDIC TEA

Ayurvedic PitaTea



A refreshing and cooling infusion made with exotic ingredients such as saffron and cardamom. Beneficial as a treatment for digestive disorders.

Ingredients: Saffron, Fennel, Cinnamon, Cardamom (Green, Black and Grains), Cloves and Ginger, Mint and Green Tea.

Caffeine: 20 mg / 6 oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to pita tea](#)

Ayurvedic Morning Hour Tea



A unique Ayurvedic blend that contains Tulsi (Holy Basil). An excellent tea that sharpens memory and is effective as a nerve tonic. Is also useful in the treatment of respiratory disorders.

Ingredients: Ginger Pieces, Curcuma root, Black Pepper, Holy Basil (Tulsi), Almond, Nutmeg, Licorice root and Green Tea.

Caffeine: 20 mg / 6 oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to morning hour tea](#)

Ayurvedic Kapha Tea



This spicy and revitalizing tea will give you that boost to stay bright and full of zest all day long. Use as a digestive and nerve tonic, a treatment for throat irritation, and for relief from gum inflammation.

Ingredients: Green Tea, Cinnamon, Cloves, Ginger, Black Pepper and Fennel.

Caffeine: 20 mg / 6 oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to kapha tea](#)

Ayurvedic Relaxing Tea



This is a classic Ayurvedic blend that has a slightly spicy character with an aromatic taste. A perfect tea for relaxing from the stresses of the day. It also stimulates digestion, and is useful in the relief of headaches, and great as a breath freshener.

Ingredients: Cinnamon, Rose petals, Ginger, Cloves, Black Pepper, Cardamom (Green, Black and Grains) and Black Tea.

Caffeine: 40 mg / 6 oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to relaxing tea](#)

AYURVEDIC TEA

Ayurvedic Stimulating Tea



A very spicy and slightly tangy aromatic tea blend formulated to stimulate and revive. Excellent as a stomach strengthener and helps reduce fever.

Ingredients: Ginger root, Coriander, Cardamom (Green, Black and Grains), Cloves, Nutmeg, Curcuma, Saffron and Green Tea.

Caffeine: 20 mg / 6 oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to stimulating tea](#)

Ayurvedic Women's Activity Tea



A pleasant revitalizing and refreshing tea formulated just for [women](#). This tea has a sweet fruity taste with a hint of spicy ginger and fennel. A great tea for promoting and regulating the unique health needs of women.

Ingredients: Lemon Peels, Cinnamon, Fennel, Licorice, Cardamom (Green, Black), Ginger, Cloves, Lemongrass, Saffron, and Black Tea.

Caffeine: 40 mg / 6oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to women's activity tea](#)

Ayurvedic Vata Tea



A good tea for keeping one calm and balanced throughout the day. Used for headache relieve and as a good breath freshener. According to tradition, may also make the body leaner.

Ingredients: Green Tea, Lemongrass, Lemon Peels, Fennel, Cinnamon, Cardamom (Green, Black and Grains), Cloves, Ginger and Tejpata.

Caffeine: 20 mg / 6 oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to vata tea](#)

Ayurvedic Yoga Tea



Want a great relaxing experience, then try this slightly spicy and aromatic tea. Useful for stimulating digestion, relieving headaches, and as a remedy for excess gas, nausea, and diarrhea.

Ingredients: Cinnamon, Rose Petals, Ginger, Cloves, Black Pepper, Cardamom (Green, Black, and Grains), and Black Tea.

Caffeine: 40 mg / 6oz cup

Pricing: \$4.20 for 1 oz, \$12.95 for 4 oz

[link to yoga tea](#)

ICED TEA

African Delight Herbal Iced Tea Packets



Not too sweet and not too tart, our delightful herbal tea combines the sweet flavor of 100% Organic South African Honeybush with the tartness of 100% Organic Egyptian Hibiscus.

Pricing: [\\$7.50 for 6 pack, \\$25.25 for 24 pack](#)

[link to african delight herbal iced tea packets](#)

Mango Black Iced Tea Packets



This tropical delight combines the malty flavor and floral notes of Ceylon Tea with the flavor of perfectly ripened Mangos.

Pricing: [\\$7.50 for 6 pack, \\$25.25 for 24 pack](#)

[link to mango black iced tea packets](#)

Pascoe's Woodlands Iced Tea Packets



One of our Black teas from Nilgiri, India, this tea contains some gold tips among the dark, slender, rolled and twisty black leaves. An excellent everyday tea.

Certified Organic

Pricing: [\\$7.50 for 6 pack, \\$25.25 for 24 pack](#)

[link to pascoe's woodlands iced tea packets](#)

Madame Butterfly Iced Tea Packets



Rated number one by our customers; this delightful tea is a blend of Green tea with sunflower petals and juicy bits of peach. The perfect iced tea for hot summer afternoons!

Pricing: [\\$7.50 for 6 pack, \\$25.25 for 24 pack](#)

[link to madame butterfly iced tea packets](#)

ICED TEA

Moroccan Mint Iced Tea Packets



This tea is based on the traditional Mint tea found in Morocco, and North Africa. Our version is a blend of 100% organic Chinese Gunpowder Green Tea with 100% organic spearmint and peppermint. So delicious served icy cold on a hot day.

Certified Organic

Pricing: [\\$7.50 for 6 pack, \\$25.25 for 24 pack](#)

[link to moroccan mint iced tea packets](#)

Pina Colada Herbal Iced Tea Packets



Try this tropical herbal delight with its mix of ripe pineapple, savory coconut, fresh apples, rosehips, and hibiscus flowers. Naturally sweet and caffeine free.

Pricing: [\\$7.50 for 6 pack, \\$25.25 for 24 pack](#)

[link to pina colada herbal iced tea packets](#)